

Name: _____

AP PSYCH
Unit 8B.2 Activities
Experienced Emotion, Experienced Emotion

These first questions should be based on your own opinions and life experiences. You don't have to use the book.

1. Are women better than men at reading others' emotional cues? Why or why not? Describe an experience you had that supports your opinion.

2. Close your eyes and then imagine an angry face. Was that face male or female? Why?

3. What does empathy mean to you? Are you empathic? Explain your answer.

4. Describe a weird phobia you have or a friend of yours has:

Use your book and the notes to answer the following questions.

1. Detecting Emotion: Break down emotion detection into the following categories. Describe facts, studies, important terms for each category:

Nonverbal	Brains / biological	Deception	Technology

2. Gender, Emotion, & Nonverbal Behavior: Break down emotion detection into the following categories. Describe facts, studies, important terms for each category:

Emotional Intelligence	Anger	Empathy

3. Culture & Emotional Expression: Break down emotion detection into the following categories. Describe facts, studies, important terms for each category:

Universal Understanding	Nature	Evolutionary Psychology	East vs. West

4. The Effects of Facial Expressions: Design an experiment in which you would test whether or not the facial feedback effect works or not.

5. Make a list of at least 5 of your fears and things that make you afraid. Put your fears into the left side of the chart. Then determine how you learned your fear for each category of learning fears. Explain how and why each fear could be categorized that way.

List of several of your fears	Conditioning / how you learned the fear	Behavioral Perspective	Biological Perspective	Evolutionary Perspective

6. Think of all the things that make you angry. Take some of your causes of anger and fit an example into each category of coping with anger. You must list each cause of anger, list the text book's description of the coping mechanisms, explain what you did and why, and the consequences

Cause of your anger	Text book description of coping mechanism	What did you do and why?	Consequences
	Catharsis		
	Violence / Rage / More Anger		
	Forgive & Forget		